



Fig. 1: Known experimental values for heavy particle emission of the even-Z, $T_z=+4$ nuclei.

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Table 1

Observed and predicted β -delayed particle emission from the even- Z , $T_z = +4$ nuclei. Unless otherwise stated, all Q-values are taken from [2021Wa16] or deduced from values therein. All J^π values are taken from ENSDF.

Nuclide	J^π	$T_{1/2}$	Q_ϵ	$Q_{\epsilon p}$	$BR_{\beta p}$	$Q_{\epsilon 2p}$	$Q_{\epsilon \alpha}$	Experimental
^{108}Sn	0^+	10.30(8) m	2.05(10)	-2.369(6)		-9.705(6)	0.622(7)	[1978Hs01]
^{112}Te	0^+	2.0(2) m	4.031(20)	1.082(10)		-5.675(14)	4.127(12)	[1976Wi11]
^{116}Xe	0^+	60(2) s	4.37(80)	1.727(31)		-3.128(24)	6.127(22)	[1974Ha10]
^{120}Ba	0^+	24(2) s	5.00(30)	2.62(30)		-2.50(30)	6.11(31)	[1992Xu04]
^{124}Ce	0^+	6(2) s	5.34(30)†	3.45(30)†		-1.35(30)†	6.55(30)†	[1978Bo32]
^{128}Nd	0^+	4(2) s	5.8(20)†	4.16(20)†	obs?*	-0.13(22)†	7.30(21)†	[1983Ni05]
^{132}Sm	0^+	4.0(3) s	6.49(34)†	5.34(30)†		1.46(31)†	8.77(30)†	[1989McZU]
^{136}Gd	0^+	≥ 200 ns	7.15(36)†	6.48(34)†		3.10(30)†	10.11(33)†	[2000So11]
^{140}Dy	0^+		7.65(90)†	7.51(45)†		4.34(40)†	10.99(45)†	
^{144}Er	0^+	≥ 200 ns	8.00(20)†	8.27(20)†		5.37(73)†	11.45(82)†	[2000So11]
^{148}Yb	0^+		8.54(40)†	9.09(40)†		6.43(40)†	11.96(40)†	
^{152}Hf	0^+							
^{156}W	0^+	157^{+57}_{-34} ms						[2023Br10]
^{160}Os	0^+	97^{+97}_{-32} μs						[2023Br10]
^{160m}Os	1.844(18)	(8^+)	41^{+15}_{-9} μs					[2023Br10]

* Uncertain, may be from ^{128}Pr [1983Ni05]

Table 2

Particle emission from the even- Z , $T_z = +4$ nuclei. Unless otherwise stated, all Q-values and separation energies are taken from [2021Wa16] or deduced from values therein.

Nuclide	S_p	BR_p	S_{2p}	Q_α	BR_α	Experimental
^{108}Sn	5.792(11)	—	9.516(5)	-0.526(6)		
^{112}Te	4.020(12)	—	6.303(16)	2.078(10)		
^{116}Xe	3.998(32)	—	5.735(27)	2.096(15)		
^{120}Ba	3.87(30)	—	5.39(30)	1.73(30)		
^{124}Ce	3.55(36)†	—	4.89(30)†	1.55(42)†		
^{128}Nd	3.28(28)†	—	4.29(20)†	1.96(36)†		
^{132}Sm	2.66(36)†	—	3.12(30)†	2.97(36)†		
^{136}Gd	2.23(36)†	—	2.29(36)†	3.63(42)†		
^{140}Dy	1.99(50)†	—	1.75(45)†	3.84(50)†		
^{144}Er	1.85(36)†	—	1.07(75)†	3.80(45)†		
^{148}Yb	1.54(40)†	—	0.49(40)†	3.95(45)†		
^{152}Hf						
^{156}W						
^{160}Os				7.724(15)*	100%	[2023Br10]
^{160m}Os				9.18(10)*	100%	[2023Br10]

* Deduced from α energy [2023Br10].

Table 3

direct α emission from $^{160}\text{Os}^*$, $J^\pi = 0^+$, $T_{1/2} = 97^{+97}_{-32}$ μs , $BR_\alpha = 100\%$.

E_α (c.m.)	E_α (lab)	I_α (abs)%	J_f^π	$E_{\text{daughter}}(^{156}\text{W})$	coincident γ -rays	R_0 (fm)]	HF
7.274(15)	7.092(15)	100%	0^+	0.0	—	1.5597(29)	$1.8^{+1.8}_{-0.6}$

* All values from [2003BrXX].

Table 4

direct α emission from $^{160m}\text{Os}^*$, Ex. = 1.844(18) MeV, $J^\pi = 8^+$, $T_{1/2} = 41^{+15}_{-9}$, $BR_\alpha = 100\%$.

E_α (c.m.)	E_α (lab)	I_α (abs)%	J_f^π	$E_{\text{daughter}}(^{156}\text{W})$	coincident γ -rays	R_0 (fm)]	HF
9.118(10)	8.890(10)	100%	0^+	0.0	—	1.5597(29)	$2.6(10) \times 10^4$

* All values from [2003BrXX].

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