



**Fig. 1:** Known experimental values for heavy particle emission of the even- $Z$   $T_z = +14$  nuclei.

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**Table 1**

Observed and predicted  $\beta$ -delayed particle emission from the even- $Z$ ,  $T_z = +14$  nuclei. Unless otherwise stated, all  $Q$ -values are taken from [2021Wa16] or deduced from values therein.

Nuclide	$J^\pi$	$T_{1/2}$	$Q_\epsilon$	$Q_{\epsilon p}$	$Q_{\epsilon\alpha}$	Experimental
$^{160}\text{Dy}$	$0^+$	stable	—	—	—	
$^{164}\text{Er}$	$0^+$	stable	—	—	—	
$^{168}\text{Yb}$	$0^+$	stable	—	—	—	
$^{172}\text{Hf}$	$0^+$	1.86(3) y	0.334(25)	-4.384(24)	2.485(24)	[1971Ch57]
$^{176}\text{W}$	$0^+$	2.3(1) h	0.720(40)	-3.449(28)	3.670(28)	[1963Va20]
$^{180}\text{Os}$	$0^+$	21.7(6) m	1.481(27)	-2.350(21)	4.584(35)	[1966Ho16]
$^{184}\text{Pt}$	$0^+$	17.3(2) m	2.280(30)	-0.958(52)	6.080(26)	[1972Fi12]
$^{188}\text{Hg}$	$0^+$	3.25(15) m	2.173(7)	-0.802(25)	6.988(29)	[1972Fi12]
$^{192}\text{Pb}$	$0^+$	3.5(1) m	3.320(30)	0.751(23)	7.395(6)	[1979To06]
$^{196}\text{Po}$	$0^+$	5.8(2) s	4.540(25)	2.980(7)	9.979(32)	[1985Va03]
$^{200}\text{Rn}$	$0^+$	1.06(2) s	4.987(25)	3.949(8)	11.584(25)	[1984Ca32]
$^{204}\text{Ra}$	$0^+$	$58_{-7}^{+10}$ ms*	5.454(26)	4.956(11)	12.624(26)	[2005Uu02, 1996Le09]
$^{208}\text{Th}$	$0^+$	$1.7_{-0.6}^{+1.7}$ ms	5.930(70)	5.885(66)	13.656(40)	[2010He25]

\* Weighted average of  $54_{-11}^{+19}$  ms [2005Uu02] and  $59_{-9}^{+12}$  ms [1996Le09].

**Table 2**

Particle separation,  $Q$ -values, and measured values for direct particle emission of the even- $Z$ ,  $T_z = +14$  nuclei. Unless otherwise stated, all  $S$  and  $Q$ -values are taken from [2021Wa16] or deduced from values therein.

Nuclide	$S_p$	$S_{2p}$	$Q_\alpha$	$BR_\alpha$	Experimental
$^{160}\text{Dy}$	7.429(1)	13.560(1)	0.438(1)		
$^{164}\text{Er}$	6.854(0)	12.339	1.305(0)		
$^{168}\text{Yb}$	6.326(1)	11.234	1.938(1)		
$^{172}\text{Hf}$	5.863(24)	10.216(24)	2.753(24)		
$^{176}\text{W}$	5.522(40)	9.375(28)	3.336(37)		
$^{180}\text{Os}$	5.061(29)	8.527(22)	3.860(32)		
$^{184}\text{Pt}$	4.419(29)	7.301(26)	4.599(8)	$1.7(7) \times 10^{-3}\%$	[1995Bi01, 1993BiZY, 1966Si08, 1963Gr08]
$^{188}\text{Hg}$	4.459(24)	6.912(23)	4.709(15)	$\approx 3.7 \times 10^{-5}\%$	[1979Ha10, 1993ToZY]
$^{192}\text{Pb}$	3.558(9)	5.759(17)	5.222(5)	$6.0(5) \times 10^{-3}\%$ *	[1992Wa14, 1979To06, 1992WaZV, 1984To09, 1974Ho16, 1974Le02]
$^{196}\text{Po}$	2.732(8)	3.839(18)	6.658(2)	94(5)%	[1996Ta18, 1993Wa04, 1985Va03, 2016Tr07, 1993WaZO, 1992WaZV, 1967Si09, 1967Tr06, 1965Si22]
$^{200}\text{Rn}$	2.466(8)	3.105(18)	7.043(2)	$86_{-4}^{+14}\%$	[1995Bi17, 1993Wa04, 1984Ca32, 2015We15, 2005Uu02, 1995BiZY, 1992WaZV, 1971Ho01]
$^{204}\text{Ra}$	2.104(11)	2.242(20)	7.637(7)	$\approx 100\%$ **	[2005Uu02, 1996Le09, 1995Le04, 1995Le15, 1995LeZY]
$^{208}\text{Th}$	1.747(65)	1.456(37)	8.202(31)	100%	[2010He25]

\* Weighted average of  $6.2(6) \times 10^{-3}\%$  [1992Wa14] and  $5.7(10) \times 10^{-3}\%$  [1979To06].

\*\* Based on short half-life.

**Table 3**

direct  $\alpha$  emission from  $^{184}\text{Pt}^*$ ,  $J_f^\pi = 0^+$ ,  $T_{1/2} = 17.3(2)$  m\*\*,  $BR_\alpha = 1.7(7) \times 10^{-3}\%$ .

$E_\alpha$ (c.m.)	$E_\alpha$ (lab)	$I_\alpha$ (abs)	$J_f^\pi$	$E_{daughter} (^{180}\text{Os})$	coincident $\gamma$ -rays	$R_0$ (fm)	HF
4.602(10)	4.502(10)	$1.7(7) \times 10^{-3}\%$	$0^+$	0.0	—	1.542(27)	$1.0_{-0.3}^{+0.7}$

\* All values from [1995Bi01], except where noted.

\*\* [1972Fi12].

**Table 4**

direct  $\alpha$  emission from  $^{188}\text{Hg}^*$ ,  $J_f^\pi = 0^+$ ,  $T_{1/2} = 3.25(15)$  m\*\*,  $BR_\alpha = \approx 3.7 \times 10^{-5}\%$ .

$E_\alpha$ (c.m.)	$E_\alpha$ (lab)	$I_\alpha$ (abs)	$J_f^\pi$	$E_{daughter} (^{184}\text{Pt})$	coincident $\gamma$ -rays	$R_0$ (fm)	HF
4.710(20)	4.610(20)	$1.7(7) \times 10^{-3}\%$	$0^+$	0.0	—	1.480(15)	1.01

\* All values from [1979Ha10], except where noted.

\*\* [1972Fi12].

**Table 5**  
direct  $\alpha$  emission from  $^{192}\text{Pb}^*$ ,  $J_i^\pi = 0^+$ ,  $T_{1/2} = 3.5(1)$  m,  $BR_\alpha = 6.0(5) \times 10^{-3}\%$ \*\*.

$E_\alpha$ (c.m.)	$E_\alpha$ (lab)	$I_\alpha$ (abs)	$J_f^\pi$	$E_{daughter}$ ( $^{188}\text{Hg}$ )	coincident $\gamma$ -rays	$R_0$ (fm)	HF
5.221(5)	5.112(5)	$6.0(5) \times 10^{-3}\%$ **	$0^+$	0.0	—	1.5126(28)	0.98(9)

\* All values from [1979To06], except where noted.

\*\* Weighted average of  $6.2(6) \times 10^{-3}\%$  [1992Wa14] and  $5.7(10) \times 10^{-3}\%$  [1979To06].

**Table 6**  
direct  $\alpha$  emission from  $^{196}\text{Po}$ ,  $J_i^\pi = 0^+$ ,  $T_{1/2} = 5.8(2)$  s\*,  $BR_\alpha = 94(5)\%$ \*\*.

$E_\alpha$ (c.m.)	$E_\alpha$ (lab)	$I_\alpha$ (abs)	$J_f^\pi$	$E_{daughter}$ ( $^{192}\text{Pb}$ )	coincident $\gamma$ -rays	$R_0$ (fm)	HF
6.654(1)	6.518(1)***	94(5)**	$0^+$	0.0	—	1.5005(86)	1.00(6)

**Table 7**  
direct  $\alpha$  emission from  $^{200}\text{Rn}$ ,  $J_i^\pi = 0^+$ ,  $T_{1/2} = 1.06(2)$  s\*,  $BR_\alpha = 86_{-4}^{+14}\%$ \*\*.

$E_\alpha$ (c.m.)	$E_\alpha$ (lab)	$I_\alpha$ (abs)	$I_\alpha$ (abs)	$J_f^\pi$	$E_{daughter}$ ( $^{196}\text{Po}$ )	coincident $\gamma$ -rays	$R_0$ (fm)	HF
6.485(6)	6.355(6)	$6(2) \times 10^{-3}\%$	$5.2_{-5}^{+10} \times 10^{-3}\%$	$0^+$	0.558(7)	—	1.5205(93)	$140_{-40}^{+90}$
6.586(4)	6.454(4)	$8.1(7) \times 10^{-3}\%$	$7.0_{-9}^{+14} \times 10^{-3}\%$	$2^+$	0.4631(1)@	0.4631(1)@	1.5205(93)	$242_{-24}^{+60}$
7.0433(25)	6.9024(25)	100%	$86_{-4}^{+14}\%$	$0^+$	0.0	—	1.5205(93)	$1.3_{-1}^{+4}$

\* [1984Ca32].

\*\* [1993Wa04].

\*\*\* [1996Tr18].

@ [2007Hu13].

**Table 8**  
direct  $\alpha$  emission from  $^{204}\text{Ra}$ ,  $J_i^\pi = 0^+$ ,  $T_{1/2} = 58_{-7}^{+10}$  ms\*,  $BR_\alpha = \approx 100\%$ .

$E_\alpha$ (c.m.)	$E_\alpha$ (lab)	$I_\alpha$ (abs)	$J_f^\pi$	$E_{daughter}$ ( $^{200}\text{Rn}$ )	coincident $\gamma$ -rays	$R_0$ (fm)	HF
7.636(6)	7.486(6)**	$\approx 100\%$	$0^+$	0.0	—	1.525(14)	1.07(19)

\* Weighted average of  $54_{-11}^{+19}$  ms [2005Uu02] and  $59_{-9}^{+12}$  ms [1996Le09].

\*\* Weighted average of 7.486(8) MeV [2005Uu02], 7.484(10) MeV [1996Le09], and 7.488(12) MeV [1995Le04].

**Table 9**  
direct  $\alpha$  emission from  $^{208}\text{Th}^*$ ,  $J_i^\pi = 0^+$ ,  $T_{1/2} = 1.7_{-0.6}^{+1.7}$  ms,  $BR_\alpha = 100\%$ .

$E_\alpha$ (c.m.)	$E_\alpha$ (lab)	$I_\alpha$ (abs)	$J_f^\pi$	$E_{daughter}$ ( $^{204}\text{Ra}$ )	coincident $\gamma$ -rays	$R_0$ (fm)	HF
8.202(30)	8.044(30)	100%	$0^+$	0.0	—	1.555(18)	$0.66_{-0.24}^{+0.66}$

\* All values from [2010He25].

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